

CHEER – OPEN GYM

Cheer Facility (Fitness Center)

5:00 – 7:00

- **Thursday January 25th**
- **Monday February 5th**
- **Thursday February 22nd**
- **Wednesday February 28th**
 - **Tuesday March 13th**
 - **Thursday March 29th**

If you are NOT an athlete at FHS, Ramay, or Woodland you MUST have a copy of a current physical in order to participate!

These open gym practices are to work on stunting, tumbling, jumps, and more! This is to help you prepare for tryouts, but

WILL NOT AFFECT TRYOUT RESULTS!!!