



Varsity Competitive/JV Competitive & JV Gametime Dance/9th Grade
Gametime/Junior High

FAYETTEVILLE DANCE AUDITIONS INFORMATION PACKET

PLEASE KEEP THIS PACKET

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The try-out packet is available on www.fhsbulldog.com. You must obtain a PHYSICAL in order to tryout. Please return the packet in your folder to the appropriate office. Follow all directions so that the paperwork process is organized and efficient.

Fayetteville DANCE Team Auditions

www.fhsbulldogs.com

Specifications:

SKILLS/ Technique Clinic @ FHS- **Thursday, March 9th** – 4:30- 6:30—

Cost: \$20.00

WHERE: FHS Arena

WHO: Anyone interested in Trying out at Woodland, Ramay, or FHS.

1. All Paperwork is due in the appropriate office by **Tuesday, March 14th**.
2. All Tryout Material will be available on **Wednesday, March 15th**. Please come knowing all material after spring break. All material will be available on the Dance website at 4:00 pm on the above date. There will be a link for Junior High Material and High School Material. (www.fhsbulldog.com- DANCE TAB)
3. Fayetteville Public School Dance Team auditions will be held during the week of March 27-31, 2017 beginning each day at 5:00pm in Arena of Fayetteville High School.
 - **Monday, 27th** - FHS, RJH, & WJH/ Clinic/ 1st Pick Night- If you are selected on Monday night, you will not need to return for your designated night of try-outs determined by what school you attend.
 - **Tuesday, 28th** - FHS Students /Tryout – 5:00
 - **Wednesday, 29th** - Woodland & Ramay Students/ Tryout- 5:00
 - **Thursday, 30th** - Call Backs @ 5:00
 - **Friday, 31st** - Results will be posted to FHS Dance Website at 5:00. Each school will have their own link.
4. Students who participate in the dance audition process will be evaluated by all FPS District Dance Coaches. Ultimately, the final decision on who will be selected on the 2017-2018 FHS Dance Team, Ramay Dance Team, and Woodland Dance Team will reside with the FHS Head Dance Coach, Elizabeth Thomas.
5. The FHS dance team will consist of three teams, Ramay Junior High, one team, and Woodland Junior High, one team.

Details of each team are attached to this packet.
6. It is not guaranteed that every squad member will make the varsity competition team. Alternates will be selected along with competitive members.
7. **Dress for Dance Auditions is:**
 - Solid white shirt (tank or tee) and black dance pants or dance shorts, dance shoes (preferably), or tennis shoes, bow (optional). Numbers will be given on first day and must be on shirts daily. Hair must be up in a ponytail and all hair must be out of your face.
 - FHS: Purple Bow/ Woodland: Blue Bow/ Ramay: Red Bow
8. No jewelry.
9. No long nails (past finger tips) and no nail polish.
10. No gum.
11. Dance Auditions are a closed process. Delivery of snacks/gifts will not be allowed. Bring your snacks and water bottles with you to auditions.
12. Results will be posted Friday, March 31 at 5pm on the www.fhsbulldogs.com . Each roster will have a link on the FHS Dance tab.
13. AAA requires a 2.0 GPA for the previous semester to be eligible for participation. If a 2.0 GPA is not achieved, that dancer will not be allowed to audition for the competitive team.

14. All results are FINAL- this is non-negotiable.

Fayetteville Public Schools Athletic Department

1000 Stone Street □ Fayetteville, AR 72701 □ Voice: 479.973.8608 □ Fax: 479.973.8618 □ Email: steve.janski@fayar.net

Athletic Team Regulations

It is our desire that every student who participates in Fayetteville Athletics has a positive and meaningful experience. The pursuit of excellence is fundamental to athletics and our coaching staff is encouraged to maintain a high level of expectations for our athletes in their conduct on the field, off the field, and in the classroom. The following rules and policies are universal to the Fayetteville Athletic programs:

Athletic Code of Conduct (**attached**)

Suspension from School

- **In-school Suspension: Student athletes may not participate in games during the time of suspension, however, they may practice with the team after school hours.**
- **Out-of-school Suspension: Student athletes may neither practice nor dress out for any games during the time of suspension.**

Athletic Physicals

- **Student athletes will not be allowed to participate in practice or games without a documented physical examination by a licensed physician.**

Travel

- **The Athletic Department desires that players travel to and from competitions as a team. The coach, in some circumstances, may release players to travel with their parents, however, only the Athletic Director may make arrangements for players to travel with anyone other than the athlete's parents or school personnel.**

Insurance

- **The Fayetteville School District maintains a secondary insurance policy that provides minimal secondary insurance coverage in case of an athletic related injury.**
- **In most cases, the insurance will not cover the full costs of an activity injury.**
- **The Arkansas Activities Association maintains a catastrophic insurance plan for most severe activity injury situations.**

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Athletic Code of Conduct

Vision of Student-Athlete

The Fayetteville Public Schools (FPS) Athletic Department and Administration desire that every student participating in athletics be law-abiding role models and refrain from using or possessing alcohol or illegal drugs. It is also the expectation that FPS athletes conduct themselves with class and dignity. The sanctions for violating this policy relate solely to limiting the opportunity of any student-athlete to participate in student athletic programs. These sanctions are in addition to any disciplinary action taken by the School and the Fayetteville School District.

Participating in Arkansas Activities Association (AAA) sanctioned sports programs in the Fayetteville School District is a privilege. Students who participate in these activities are respected by their peers and are expected to hold themselves as good examples of conduct, sportsmanship, and training. Accordingly, student-athletes carry a responsibility to themselves, their fellow teammates, fellow students, their parents and to their school to set the highest possible examples of conduct. This includes avoiding the use of, or possession of drugs or alcohol.

Code of Conduct

A student-athletes conduct in and out of school shall be such as to: 1) not embarrass or discredit themselves, their parent, team, or the school or 2) not create a disruptive influence on the discipline, morale, or educational environment for others in the school or on a team. BE IT UNDERSTOOD THAT THE CODE OF CONDUCT IS IN EFFECT TWENTY-FOUR HOURS A DAY, TWELVE MONTHS A YEAR.

It is the policy of the Fayetteville School District that participation in extra-curricular activities is a privilege. Therefore, certain areas of conduct shall be held to a higher standard than the generally accepted standards subscribed by the school.

Violations

Misconduct among participants shall consist of one of the following violations:

- ** For school-related violations, the student is subject to the penalties imposed by school officials. The coach and/or the Athletic Council have the discretion to impose additional penalties for school rules that are violated.
- 1. Behavior considered unbecoming (unsuitable, inappropriate, or not keeping with accepted standards of a polite society) an FPS athlete.
- 2. The unauthorized possession or use of drugs.
- 3. The transport, possession, or consumption of any alcoholic beverage.
- 4. Vandalism, theft, or destructive misuse of athletic school property, equipment, or personal property of another.
- 5. Any act that would or could constitute a felony or misdemeanor, if convicted, according to the County Prosecutor.

Process

For school related-related violations, the student is subject to the penalties imposed by school officials. The coach and/or the Athletic Council have the discretion to impose additional penalties for school rules that are violated.

Nothing in this policy shall be construed to require the School District to follow the provisions of Due Process in removing a student from participation in any extra-curricular activity/sport. It shall be the primary responsibility of the Principal (or designee) to implement and follow the provisions of this policy. Upon receipt of information which would lead the Principal to believe a violation has occurred, the Principal or designee shall take the following actions:

1. Inform the student of the allegations constituting the grounds for invoking this policy.
2. Provide the student with an informal opportunity to explain his/her conduct.
3. After determining facts relevant to the alleged violation(s), the Principal (or designee) will:
 - a. Inform the student there is reasonable evidence to go before the Athletic Council
 - b. Dismiss the charges.
4. If (a) from above, provide the student's parent(s)/guardian(s) a written statement setting forth the facts constituting a violation of this policy and informing them of the potential penalty imposed. The student-athlete is suspended until a decision is rendered by the Athletic Council.

Athletic Council

The Athletic Council is the disciplinary arm of the athletic program. It shall be composed of the following:

- Principal or designee
- Athletic director or designee
- Faculty member chosen by the student-athlete
- Head varsity coach (not the student-athlete in question's coach)
- Assistant Superintendent or designee

Confirmed Violation

A confirmed violation is considered to be:

1. A report given by any police agency or prosecuting attorney's office which indicates there is probable cause to support the filing of a criminal investigation. (Including arrests, even if charges are dropped).
2. A voluntary admission of guilt by the student.
3. A finding by school officials, based upon observations, that a student violated this policy.

A report of any alleged violation of this policy must be made to the administration within twenty-one calendar days of the alleged violation. Otherwise, a timely and accurate investigation cannot occur. Any coach or sponsor may participate in a necessary investigation involving their team at the discretion of the coach or sponsor.

Sanctions (Penalty)

When a participant is reported for a confirmed violation, he/she will be suspended from practices and/or competition pending a disciplinary decision by the Athletic Council. The student and parent(s) will be notified in writing of the rule violation and will be requested to attend an Athletic Council Hearing related to the violation. The council will meet at the earliest opportunity, but no later than 10 school days from the date of written notification of the Council Hearing to consider the status of the student and render a decision.

The following process will be observed for both in/out-of-season violations.

1. The Athletic Council verifies that the participant has been made aware of rules of the sport and activity and the Code of Conduct.
2. The Athletic Council will have the right to question the athlete and other witnesses regarding the alleged violation. The student-athlete and his/her parent and/or advisor will have the same right.
3. After the hearing, the Athletic Council will meet to review the situation. The Council may invoke one or more of the following:
 - a. Dismiss the charges.

- b. Place the student on probation for a specific length of time.
- c. Invoke suspension described below.
- d. Refer to head coach to follow and enforce school/team policy and guidelines.

Student Athlete Rights

The student-athlete in question will have all the rights of Due Process when appearing before the Athletic Council, including:

- Right to have parent(s) and/or an advisor present
- Right to have access to the evidence used against him/her
- Right to question witnesses
- Decisions of the Athletic Council may be appealed to the Superintendent
- There shall be no right to appeal the decision of the Superintendent.

Consequences

The Athletic Council shall meet upon the request of the principal and/or athletic director after a request has been presented to the principal by the athletic director or coach to consider disciplinary cases involving an athlete. Consequences may be imposed for the following:

1. Use, consumption, or possession of alcohol or drugs.

1st OFFENSE: Suspension from all sports and/or activities for up to 365 days. This suspension could mean exclusion from all in and out of season participation. Upon appearing before the Athletic Council a suspension may be reduced.

If the student admits or self reports to a violation prior to a full investigation, the Athletic Council may reduce the suspension. The Athletic Council may reduce the suspension if the student and his/her parent or guardian consent to the student's enrollment in an approved counseling and/or drug and alcohol program as determined by the Principal or Athletic Director.

If the length of the suspension exceeds the time left in the sport or activity from which the student was initially suspended, the suspension will be extended into the next sport or activity the student joins. If a violation occurs at a time when the student-athlete is unable to miss the required number of contests, the remaining percentage of the suspension will be served in his/her next sport. The remaining percentage will then be figured on the number of contests for that sport. The student-athlete must finish their next sport in "good standing" in order to complete his/her suspension.

If the infraction occurs out of a sport season the athlete will then begin serving the suspension in his/her next sport season. Jamborees, scrimmage, or building fund games are not considered as a part of the scheduled contests for the sport season.

Since the captain or co-captain of a team is expected to lead by example, the suspension of a captain or co-captain will result in relinquishing of such position for the remainder of the sport season. Since the coach of a sport is the immediate supervisor of an athletic team, he/she will ensure that this regulation is effectively enforced.

If a student fails to complete the entire season of the new activity or sport, the suspension will be reinstated and restarted. (For example: A football player is found to have violated the conduct policy the last week of football. Following football, the student decides to wrestle. The suspension would begin the last week of football and into wrestling season. If the student fails to complete the entire wrestling season, his time spent on suspension is nullified and will be reapplied to the next season of sport he is involved.)

2nd OFFENSE: Suspension from all sports for 365 days. The suspension will commence as of the date on the written notice sent by the school official to the student's parent or guardian.

3rd OFFENSE: Suspension from all sports for the remainder of the student's high school career. This includes offenses committed during a suspension for a first or second offense.

2. An act in or out of school which would otherwise be a felony, misdemeanor, act of delinquency, or other acts which would discredit or embarrass Fayetteville High School and/or the team.

1st OFFENSE: Suspension from all sports for up to 365 days. This suspension could mean exclusion from all in and out of season participation. Upon appearing before the Athletic Council a suspension may be reduced.

If the student admits or self reports to a violation prior to a full investigation, the Athletic Council may reduce the suspension. The Athletic Council may reduce the suspension if the student and his/her parent or guardian consent to the student's enrollment in an approved counseling and/or drug and alcohol program as determined by the Principal or Athletic Director.

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Fayetteville High School Dance Tryouts Rubric

	Below Basic	Basic	Proficient	Advanced
Toe Touch	Less than 180 but more than spread eagle; flexed feet, bent knees, rough landing	Less than 180; knees somewhat bent, toes not fully pointed; chest not up; not much height	180; pointed toes; good height	Hyper extended; full extension and point; great height; great landing
Splits	Legs split; flexed feet; bent knees; posture/flexibility issues	Almost to the floor; feet somewhat pointed; good posture	To the floor; pointed toes; correct posture	Performance ready
Fouettes HS Only	Attempted 1-2 fouettes into 1/2x; no spot; not on releve; flexed toe; balance off	2 fouettes into 1/2x; tried to spot; correct posture; fairly high releve; feet somewhat pointed	3-4 fouettes into 2x; good spot; pointed toes; good posture, balance; high releve	6+ fouettes into 2/3x, changing spot; sharp spot; perfectly pointed toes; high releve; correct position throughout
Turn sequence Jr high	1 turn; 2 or fewer rotations; did not spot; flexed feet on passé; did not stay on releve Attempted 1 turn w/proper prep	2 turns; 2 or more rotations; tried to spot; feet somewhat pointed; correct posture; fairly high releve Completed 1 turn w/proper prep and finish. Attempted a double turn	2-3 turns; 2+ rotations; good spot; pointed toes; good posture, balance; high releve Completed a clean double turn with proper prep and finish.	3 or more turns; 3+rotations; fouette/other advanced turn; sharp spot; high passé and releve; correct position throughout
Leap sequence Jr. High	Does only 1 leap; less than 180; flexed feet, lack of extension; swimming upper body Attempted 1 leap Bent legs, poor height	2 leaps; somewhat extended; feet mostly pointed; little swimming; good height Completed 1 leap with proper technique and attempted a 2 nd type of leap	2-3 different leaps; 180; good extension, good height; chest up and still Complete 2 different leaps. Fairly clean, good height, pointed feet.	3-4 different leaps; 180 or more; fully extended; fully pointed; chest up, good height, soft landing
Motions	No knowledge of motions or proper technique	Knowledge of motions, but executed poorly. Loose, Weak arms Incorrect wrist placement	Knowledge of motions Fairly clean with good technique Working toward sharpness	Strong, sharp motions. Understands arm/wrist placement Strong, clean transitions
Dance – Pom portion	Significant difficulty with pace; rhythm off;	Some difficulty with pace; body	Good rhythm and placement; strong,	Performance ready

	body placement off; moves not sharp, clean or strong	placement and rhythm off; lacks some strength of movement	sharp movements and timing; almost ready	
	BB	B	P	A
Dance – Jazz portion HS Only	Has significant trouble with technical elements; awkward; lacks strength of movement	Shows some ability; some placement and/or timing issues; some strength of movement	Shows grace and musicality; good body control, timing, placement; almost performance ready	Performance ready
Dance – Kick portion HS Only	Kicks barely past level; trouble with timing; leads with knee; feet flexed; lands apart; posture issues	Kicks fairly high; few timing issues; mostly pointed feet; little posture issues; fair placement	Kicks high; no timing issues; good posture; straight arms; chin up; tight point: almost ready	Performance ready
Dance – Hip Hop portion HS Only	Significant difficulty with pace; rhythm off; body placement off; moves not sharp, clean, strong	Some difficulty with pace; body placement and rhythm off some, lacks some strength of movement	Good rhythm and placement; strong sharp movements; gets low; almost performance ready	Performance ready
Memory	Had significant memory issues in 3 dances	Had significant memory issues in at least 2 dances	Had only minor memory issues; got right back in dance	Had very few, if any, memory issues
Showmanship	Low confidence, added little enthusiasm to dance; seldom smiled; looked uncomfortable on the floor	Some confidence, some enthusiasm, but had definite lapses in expression, energy and enthusiasm	Good confidence; had good energy and expression throughout dance	Performance ready Smiling, projects, energy, dances full out